

Southwest Airlines® Mothers' Room Resource

As a new mother returning to work or on the road, you may have the need for a private space to feed your baby or express breast milk. This resource is to help you identify Mothers' Rooms available across our system.

Airport Mothers' Rooms in Southwest Cities

Legend

- **Mothers' room:** A room with lock, typically equipped with a chair, table, power outlet, and a sink. Rooms may vary slightly depending on location.
- **Mamava pods:** A clean, comfortable mobile lactation suite equipped with one fold down table for a breast pump, and two benches to comfortably fit a mom, as well as her luggage, additional children, partner, or a stroller.
 - o **Note:** To locate and reserve a Mamava pod, download the Mamava Pod app [here](#)
- **Family/Assist/Companion Restroom:** Not all airports and stations have dedicated Mother's Rooms. We have listed Family Rooms as an alternative to a mother's room.

| CITY CODE | City | Mothers'/Nursing/Lactation Room Location |
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| ABQ | Albuquerque, NM | After TSA Security Checkpoint next to Gates |
| ALB | Albany, NY | Concourse C right next to the Business Center |
| AMA | Amarillo, TX | Family restroom located after TSA Security Checkpoint |
| ATL | Atlanta, GA | Mamava nursing pods located at gates 5, B5, D3, E3, and F3 |
| AUS | Austin, TX | Mamava Pod located across from Gate 7 after TSA Security Checkpoint |
| BDL | Hartford, CT | Post TSA Security Checkpoint, next to the CNBC store |
| BHM | Birmingham, AL | Family restrooms by Baggage Claim and Door 1 |

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| BNA | Nashville, TN | Family restrooms available at all Concourses |
| BOI | Boise, ID | Mamava nursing pods located after TSA Security Checkpoint |
| BOS | Boston, MA | Mamava nursing pods are located at Terminals C and E |
| BUF | Buffalo, NY | Beside Gate 12 on the Concourse |
| BUR | Burbank, CA | Private area in women's restroom with a chair. Must use courtesy phone to call agent for key to the room. |
| BWI | Baltimore, MD | Concourse A, adjacent to Green Beans Coffee Concourse B near Gate B2; Concourse C, near exits before TSA Security Checkpoint Between Concourses D and E, in the Children's Play Area |
| CHS | Charleston, SC | Concourse B walkway past TSA Security Checkpoint Carousel 1 in Baggage Claim |
| CLE | Cleveland, OH | Concourse B across from Gate B1 |
| CLT | Charlotte, NC | Upper level of the Atrium across from the Airport Chapel |
| CMH | Columbus, OH | Concourse A, near Gate A2 Concourse B, near Gate B29 Concourse C, near gate C51 Baggage Claim, near Southwest Baggage |
| CRP | Corpus Christi, TX | Family restrooms are located on both floors. |
| CVG | Covington, KY/Cincinnati, OH | Mamava nursing pods located near Gate B14 and near candy store in Concourse A |
| DAL | Dallas, TX | Beyond TSA Security Checkpoint on the right |
| DCA | Washington, D.C. (Ronald Reagan) | Terminal A before the TSA Security Checkpoint, Terminal B/C, near Tumi on National Hall |
| DEN | Denver, CO | Center of A Gates, near the women's restroom closest to Denver Duty Free, Center of B Gates, near the women's restroom closest to Tuleh Ruche, Center of C Gates, near the women's restroom closest to Einstein Bros. Bagels |

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| DSW | Des Moines, IO | After TSA Security Checkpoint |
| DTW | Detroit, MI | Family restrooms are located in both Terminals. Nursing Rooms are coming soon. |
| ECP | Panama City, FL | Family restroom by Ticket Stations. |
| ELP | El Paso, TX | West Concourse by Gate A3 and by Gate B5. |
| EWR | Newark, NJ | Near Gates A30-39 Near Gates A10 - 18 Near Gates 60-68 Near Gates C107 |
| FLL | Fort Lauderdale, FL | Mamava nursing pods are found throughout terminals. |
| FNT | Flint, MI | Family rooms are inside the secure area near the escalator |
| GEG | Spokane, WA | Mamava nursing pods are located in each terminal. |
| GRR | Grand Rapids, MI | Before the TSA Security Checkpoint by Starbucks and after the TSA Security Checkpoint on the way to the Concourse A |
| GSP | Greenville/Spartanburg, SC | Next to the family restrooms at Concourse A and Concourse B. |
| HNL | Honolulu, HI | Family restrooms are throughout the airport |
| HOU | Houston, TX | Assist restrooms located in each restroom |
| HRL | Harlingen, TX | Family restroom across from Southwest Ticket Counter |
| IAD | Washington, D.C. (Dulles) | Before the TSA Security Checkpoint at Baggage Claims 2, 6, 11, and 14 After the TSA Security Checkpoint A Gates, near Gate A20 B Gates, near Gate B70 C Gates, near Gate C11 D Gates, near Gate D1 |

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| ICT | Wichita, KS | Family Restrooms throughout airport |
| IND | Indianapolis, IN | Before TSA Security Checkpoint by Ticket Counter Number 8 Concourse A beside Starbucks Concourse B beside Camden Food Company |
| ISP | Long Island/Islip, NY | Civic Plaza area before security Gate A3 Gate B3 |
| JAX | Jacksonville, FL | Mamava nursing pods located right after security near pet relief area |
| LAS | Las Vegas, NV | Before C Gate TSA Security checkpoint Gate D Gate E |
| LAX | Los Angeles, CA | Terminal 1, by Gate 10. Terminal 2, between Gates 21B & 23A Terminal 3, by Gladstone's Terminal 4, by Sunglass Hut Terminal 5, across from the food court Terminal 6, by Gate 64B Terminal 7&8, near women's restroom and Gate 74A International terminal: Across from Vanilla Bake Shop |
| LGA | New York City, NY | Mamava nursing pods temporarily removed due to construction |
| LGB | Long Beach, CA | Attached to every women's restroom |
| LIT | Little Rock | Near Gate 3 |
| LUB | Lubbock, TX | Male and female restrooms only |
| MAF | Midland, TX | Male and female restrooms only. |
| MCI | Kansas City, MO | Inside departure lounges at Terminal C. |
| MCO | Orlando, FL | Near American Airlines Terminal and Southwest Airlines Terminal |

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| MDW | Chicago, IL (Midway) | Next to yoga room at Concourse C |
| MEM | Memphis, TN | Beside Home Team Sports at Concourse C |
| MHT | Manchester, NH | Mamava nursing pods located at Gate 6 |
| MKE | Milwaukee, WI | Mamava nursing pods located at: Main Terminal, across from Miller Brew House Concourse C, near Gate C9 Concourse D, near Gate D36 |
| MSP | Minneapolis, MN | Terminal 2 between Gates H10 and H11 |
| MSY | New Orleans, LA | Concourse B, near Gate B8 after Lucky's Hot dog Concourse C, in front of Gate C5 Concourse D, across from Westwin shop |
| OAK | Oakland, CA | Mamava nursing pods at Terminals |
| OKC | Oklahoma City, OK | Near Gate 20 |
| OMA | Omaha, NE | Near Pre-departure screening Beside United Airlines Gate area |
| ONT | Ontario, CA | Across from Gate 207 Near Gate 407 |
| ORF | Norfolk, VA | Near American Airlines ticketing, Concourse A, near Sweet Indulgences Concourse B across from Gate B18 |
| PAE | Everett, WA | Male and Female Restrooms only. |
| PBI | Palm Beach, FL | Beside Gate B1 Beside Gate C1 |
| PDX | Portland, OR | Beyond the ABC and DE TSA Security checkpoints. |
| PHL | Philadelphia, PA | Between Terminals B and A-East |
| PHX | Phoenix, AZ | Terminal 2, between the ticket counter and TSA Security checkpoint Terminal 3, Level 4 next to Farmer's Market Terminal 4, next to the family restroom on Level 3 |

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| | | Terminal 4, next to the family restroom on the upper level of Gates B15-22, |
| PIT | Pittsburgh, PA | Concourse C across from Kids Port. |
| PNS | Pensacola, FL | In front of Baggage Claim, next to family restroom |
| PVD | Providence, RI | Hope reflection rooms behind the Delta ticket center. |
| PWM | Portland, ME | Companion restrooms near ticketing, and across from Gate 8 in the concourse |
| RDU | Raleigh-Durham, NC | Family restrooms located near each restroom throughout airport |
| RIC | Richmond, VA | Family restrooms are located adjacent to the upper level ticketing lobby, in baggage claim area, and in each concourse. |
| RNO | Reno, NV | Family restrooms located by Gate B6 and the other by Gate C6 |
| ROC | Rochester, NY | Family restrooms by in central security, and in both concourses near restrooms |
| RSW | Fort Myers, FL | Family restroom located near each restroom |
| SAN | San Diego, CA | Terminal 1, West Rotunda (Alaska, Frontier) on the second level, across from the elevator. Terminal 1, East Rotunda (Southwest Airlines Gates 3-10) on the ground level, past the TSA Security checkpoint. Terminal 2, West on the second level, near Gates 34-35 |
| SAT | San Antonio, TX | Terminal A, Level 2, Gate A-16 Terminal B, Food Court. |
| SDF | Louisville, KY | Family restroom on the departure level after ticketing. |
| SEA | Seattle/Tacoma, WA | Between Central Terminal and A Gates. Gate A9 Gate C10 Gate D10 Gate N2 North Terminal Station S Gates |

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| SFO | San Francisco, CA | Terminals 1, after TSA Security Checkpoint Terminal 2, after TSA Security Checkpoint Terminal 3, before TSA Security Checkpoint |
| SJC | San Jose, CA | Mothers' Rooms are located within the entrance of the women's restrooms (except Gate 8 location) |
| SLC | Salt Lake City, UT | Terminal 1, in the middle of Concourse B Terminal 2, at Concourse C, across from gate C-1 Concourse D, across from gates D-1 and D-6 Concourse E, near gate E-60 |
| SMF | Sacramento, CA | Adjacent to women's restrooms in both terminals beyond the TSA Security checkpoint |
| SNA | Orange County, CA | Near Gate 12 |
| STL | St. Louis, MO | Family assist rooms are located near the restrooms in each terminal and concourse |
| TPA | Tampa, FL | Family restrooms on every level. |
| TUC | Tucson, AZ | Mamava nursing pods located at both concourses after the TSA Security checkpoint |
| TUL | Tulsa, OK | Mothers' Room located on the lower level between ticket counters. |